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MMBGR Protocol - infants and preschoolers: Instructive and Orofacial Myofunctional Clinical History

Protocolo MMBRG – lactentes e pré-escolares: Instrutivo e História Clínica Miofuncional Orofacial

ABSTRACT

Purpose: To present Myofunctional Orofacial Clinical History Instructive and Protocol belonging to the MMBGR Protocol - Infants and Preschoolers, including the adaptation and validation of content and appearance. Methods: Validation, descriptive and cross-sectional study. Adaptation based on the MBGR Protocol, based on theoretical studies and the authors' experience. Infants between 6 and 23 months of age and preschoolers between 24 and 71 months were considered. Consent and consensus of the version adapted by the authors (original and current) was obtained. The appearance and content of the new instrument were analyzed by 10 speech therapists specialized in Orofacial Motricity. We performed two analysis rounds. First: an electronic form containing dichotic questions (yes / no), with justification for negative answers; Content Validity Index and Exact Binomial Test; Second: 5 points-Likert scale. Results: We produced an unprecedented instructional and adapted Clinical History protocol maintaining 23 age group related items. We excluded information from 7 items and included information in 8. Initially, we achieved agreement in 70% instructional specialist items by at least 70% of the specialists; and 64% of Clinical History items, by at least 90% of specialists. In the second round, there were 100% of "I totally agree" responses from the experts. Conclusion: "Instructive" and "Myofunctional Clinical History, Orofacial" had validity of content and appearance concluded, and together with the "Clinical Examination" they integrate the "Protocol MMBGR - Infants and Preschoolers", being able to contribute to clinical practice and research in Motricity Orofacial area in the age group between 6 months and 5 years and 11 months of age.

RESUMO

Objetivo: Apresentar Instrutivo e Protocolo de História Clínica Miofuncional Orofacial pertencentes ao Protocolo MMBGR - Lactentes e Pré-escolares, incluindo adaptação e validação do conteúdo e aparência destes. Método: Estudo tipo validação, descritivo e transversal. Adaptação a partir do Protocolo MBGR, fundamentada em estudos teóricos e experiência dos autores. Considerados lactentes entre 6 e 23 meses de vida e pré-escolares entre 24 e 71 meses. Obtido consentimento e consenso da versão adaptada pelos autores (originais e atuais). Analisados aparência e conteúdo do novo instrumento por 10 fonoaudiólogos especialistas em Motricidade Orofacial. Realizadas duas rodadas de análise: Primeira com formulário eletrônico contendo questões dicóticas (sim/não), com espaço para justificar as respostas negativas; calculado Índice de Validade de Conteúdo e Teste Binomial Exato; e Segunda com escala Likert 5 posições. Resultados: Produzido instrutivo inédito e adaptado Protocolo de História Clínica, com manutenção de 23 itens pertinentes à faixa etária em questão. Excluídas informações em 7 itens e acrescidas em 8 itens. Inicialmente obteve-se concordâncias de 70% do instrutivo, por pelo menos 70% dos especialistas; e 64% dos itens da História Clínica, por ao menos 90% dos especialistas. Obteve-se na segunda rodada 100% de respostas "Concordo totalmente" dos especialistas. Conclusão: "Instrutivo" e "História Clínica Miofuncional Orofacial" tiveram validade de conteúdo e aparência concluída, e junto ao "Exame Clínico" integram o "Protocolo MMBGR - Lactentes e Pré-escolares", com potencial contribuição para atuação clínica e na pesquisa em Motricidade Orofacial na faixa etária de 6 meses a 5 anos e 11 meses de idade.

Study conducted at Universidade Federal de Sergipe - UFS - São Cristóvão (SE), Brasil.

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INTRODUCTION

Understanding the development of orofacial myofunctional aspects at an early age can contribute to a better understanding of the normal functioning of the stomatognathic system and early intervention aimed at any changes. Infants are defined as being between 1 and 24 months old, and preschoolers are defined as being between 2 and 5 years old, according to Health Area Descriptors (DECs).

The clinical history survey in Speech-Language Pathology is critical for recognizing and understanding the problem that involves the individual and his/her family, while also allowing elucidation of specific questions about the development of Orofacial Motricity (OM), which are necessary to guide the situation of the clinical examination and establish clinical reasoning for the therapeutic intervention.

The rescue of orofacial function development in young children, using standardized and validated instruments, is part of the parents' report via a family survey^(1–3). The approximation between the speech therapist and the family can be done objectively or subjectively ⁽⁴⁾, depending on the theoretical assumptions that support therapeutic understanding and guide the speech therapist's clinical practice.

The use of protocols has been appointed as an important tool for recording and monitoring clinical care, but they are still scarce in speech therapy⁽⁵⁾, where more research is needed to propose the organization of validated materials with reliable psychometric properties⁽⁶⁾ for the OM clinic.

The following steps are considered in the validation process of tests in Speech-Language Pathology and Audiology: Validity Evidence based on content, internal consistency and relationship with other variables; Validity Evidence based on response processes; Reliability/Accuracy; Equity; Accuracy; and Validity Evidence based on test consequences⁽⁷⁾.

The main instruments that have been used in the OM area are the Orofacial Myofunctional Assessment with Scores – OMES protocols^(6,8) and the MBGR Protocol ^(9,10), both aimed at the population over 6 years of age. There are also protocols for the neonatal age group, which address breastfeeding, breastfeeding readiness and OM ^(11–14). For infants, the SOMA (Schedule for Oral Motor Assessment) is highlighted⁽¹⁵⁾ on oral motor skills should be highlighted; and for infants and preschoolers, the PAD-PET ⁽¹⁶⁾, which addresses risk for dysphagia.

Given the scarcity of national instruments for the age groups of Brazilian infants and preschoolers, the need arose to adapt and validate the MBGR Protocol ⁽¹⁰⁾ for use in the age group from 6 months to 5 years and 11 months of life, having been chosen for its scope and specificity in the OM area, taking into account the research purpose of both the Clinical History and the Orofacial Myofunctional Clinical Examination, in addition to the construction of the respective instruction.

The goal of this article is to present the "Instructive" and "Orofacial Myofunctional Clinical History" Protocols that comprise the "MMBGR Protocol - Infants and Preschoolers," demonstrating the adaptation process and respective validation based on test content analysis.

METHODS

It is a validation, descriptive, and cross-sectional study that was conducted between May and December 2019 as part of a larger project that was approved by the Ethics and Research in Human Beings Committee of the Universidade Federal de Sergipe under protocol number CAAE 12529419.6.0000.5546. The Informed Consent Form was signed by all those responsible for the research participants.

This is the validation of a new instrument, adapted from the MBGR ⁽¹⁰⁾, intended for the infant and preschool population, in accordance with the guidelines recommended in validation studies, taking into account the stage based on the test content ⁽⁷⁾, after a written opinion favorable to the adaptation of the protocol by the authors of the original MBGR protocol.

Initially, a theoretical study on orofacial myofunctional development and stomatognathic functions at early ages was conducted using a search on the Scielo, Pubmed, and Bireme platforms from 1993 to 2017. The descriptors "Speech Therapy", "Infants", "Pre-Schools", "Assessment Methods", and "Stomatognathic System" taking into account full-text periodicals and dissertations/theses, with an emphasis on protocols in the OM area validated in Brazil. In terms of knowledge of existing instruments, we relied on the authors' expertise.

The instructional guide was developed, and an adapted version of the "Orofacial Myofunctional Clinical History" was prepared, taking syntactic and semantic aspects into account. These were submitted for consideration to the original authors, and after the suggestions were revised and consensus was reached among the authors (original and current versions), the appearance and content of the new instrument were analyzed.

This stage involved 10 OM-specialized speech therapists from four regions of Brazil (Center-West, Northeast, Southeast, and South), who were invited to participate in the study via e-mail and/or messaging application. An explanation letter was sent out, outlining the purpose of the work, the analysis, and the estimated time to complete the electronic form, along with the access link, which contained specific instructions on how to evaluate each item and the instrument as a whole.

The majority of specialists (70%) were between the ages of 41 and 50 years old; all had a postgraduate degree (80% Doctorate and 20% Master's) and experience in the OM field, most for more than 15 years (90%) and with teaching experience for at least five years; and all were chosen because they work with infants (80%) and preschoolers (80%), as shown in Table 1.

As an inclusion criterion, the specialist speech therapist should have at least five years of experience and/or teaching activity in speech therapy, as well as degrees and/or publications related to the OM area, and expertise in the subject, working with infants and/or preschoolers. Concerning the exclusion criteria, incomplete opinions and experts who did not deliver them by the deadlines (about 15 days for analysis, at each stage).

The new instrument was evaluated for the first time by speech therapists using an electronic form with dichotic questions (yes/ no) and fields to justify negative answers. Thus, in the event of disagreement with a specific item, there were spaces available Table 1. Sociodemographic and professional characterization of specialist speech therapists

	Ν	%
Age group		
Between 31 and 40 years old	3	30,0
Between 41 and 50 years old	7	70,0
Currently, in which region of the country do you practice the profession:		
Center-West	2	20,0
Northeast	3	30,0
Southeast	1	10,0
South	4	40,0
Vhat is your degree?		
Doctor	8	80,0
<i>N</i> aster	2	20,0
Feaching. For how long?		
Less than 5 years	1	10,0
Between 5 and 10 years old	3	30,0
Between 10 and 15 years old	1	10,0
Between 15 and 20 years old	3	30,0
Between 25 and 30 years old	2	20,0
ears of experience in Speech Therapy – Orofacial Motricity.		
Between 5 and 10 years old	1	10,0
Between 15 and 20 years old	4	40,0
Between 20 and 25 years old	5	50,0
o you work in the area of Orofacial Motricity with Infants (up to 24 months of life)?	8	80,0
or how long?		
less than 5 years	1	12,5
Between 5 and 10 years old	2	25,0
Between 10 and 15 years old	3	37,5
Between 15 and 20 years old	2	25,0
Do you work in the area of Orofacial Motricity with preschoolers (24 months to 5 years of age)?	8	80,0
or how long?		
Between 5 and 10 years old	2	25,0
Between 10 and 15 years old	1	12,5
Between 15 and 20 years old	1	12,5
Between 20 and 25 years old	4	50,0

Caption: n = absolute frequencies; % = percent

to describe which aspect was not in agreement and to suggest some changes.

The Content Validity Index (per item) and the exact binomial test were used for statistical analysis, with a minimum level of agreement of 70%. The Likert scale with five options was used in the second analysis of the instrument by the same experts (strongly agree, agree, indifferent, disagree and strongly disagree).

RESULTS

The MBGR protocol was deemed appropriate for public use from 6 months to 5 years and 11 months of age, as its original version is intended for older age groups and has been indicated to be applied to children, adolescents, adults, and seniors⁽¹⁰⁾. The results presented here refer to the "Instructive" and "Orofacial Myofunctional Clinical History", which are part of the "MMBGR Protocol - Infants and Preschoolers".

The instructive was completely created and proposed to compose the new instrument known as the "MMBGR Protocol-

Infants and Preschoolers," in reference to the target age group, and with the addition of the letter M, an acronym for the researcher's surname and the main author of this version. In the adaptation of the MBGR "Orofacial Myofunctional Clinical History" protocol⁽¹⁰⁾ for infants and preschoolers, 23 items pertinent to the age group in question were maintained, information was excluded in 7 items and added in 8 items, which will be described below:

Maintained items related to Identification Data; Main complaint and other complaints; family history; Complications; Development and motor difficulties; Health problems; Breathing problems; Sleep; Treatments; Breastfeeding; Feed – introduction and current feed; Chewing; Swallowing; Habits – oral, biting and posture; Speech; Communication; Hearing; Voice; and Additional information.

Added items on Personal Data - Siblings (age of siblings); Motor Development (if you have already performed this motor skill, at what age, in addition to having included in the protocol information about the behavior that is expected by age group), which motor skills changed (holding head/rolling/sitting/ crawling/staying standing/walking without support); Treatments (functional jaw orthopedics); Feeding development (feeding pattern and age group); Breastfeeding (beak); Feeding (difficulty in introducing utensils); Communication (sounds are absent).

Items not relevant to the age group covered, such as: Identification data on marital status, study, work, physical activity, were excluded; Complaints related to learning, jaw movements, and shoulder pain; frequency of motor difficulty; frequency of respiratory problems; aspects of dental treatment (implantation, extraction, prosthesis); oral habits (cigarette, pipe); and education. The modifications made to the Protocol "Orofacial Myofunctional Clinical History" are described in Table 2.

In the first analysis of experts, 70% of the instructions obtained agreement from at least 70% of them; and 64% of the items in the "Clinical History" were in agreement from at least 90% (Table 3). For the second analysis, the final version of the instrument was submitted with all the suggested changes. Therefore, 100% of the responses "I totally agree" were obtained. The Instructive (Appendix 1) and the Protocol of "Orofacial Myofunctional Clinical History" (Appendix 2) are described below, which comprise, together with the Clinical Examination, the "MMBGR Protocol – Infants and Preschoolers".

The "**instructive**" includes guidelines on the use of the MMBGR Protocol – Infants and Preschoolers, both in relation

to the application and to the Registration in the Protocols of "Orofacial Myofunctional Clinical History" (anamnesis/ interview) and "Clinical Examination" (Orofacial Myofunctional Exam with Scores). It also explains the main objective of the MMBGR, aimed at the speech therapist to assess, diagnose, and establish a prognosis in OM; the average time for its application (30-45 minutes for "Clinical History", and 60-90 minutes for the "Clinical Examination"), with a demand of about 2 hours of work for analysis of the data obtained.

The instructive also provides information about the Clinical Examination: I. Procedures for the collection/analysis of the Orofacial Myofunctional Examination, including photograph/video recording standards, static and dynamic image recording scripts; II. Procedures on items to be evaluated, age groups and scores; III. General guidelines on aspects of the protocol to be considered, according to the age group, including material used and form of recording the following items:

Identification and anthropometric data, followed by the items of the orofacial myofunctional exam: **extraoral exam** – subjective facial analysis, lips and jaw; **intraoral examination** – lips, cheeks, tongue, palate, palatine tonsils, teeth and occlusion; **tone** – lips, mentum, tongue and cheeks; **orofacial functions** – Breathing, Sucking, Chewing, Swallowing (liquid, pasty and solid/semi-solid) and Speech.

In the anamnesis/initial interview situation, the Protocol for Surveying the "Clinical History" includes aspects to be raised

Table 2. Items in the Clinical History were changed to appear in the MMBGR based on the researcher's and the MBGR instrument's authors' considerations

ITEM – MBGR – Clinical History (original)	MMBGR – Clinical History (modified items from MBGR)			
Personal Data	"Goes to daycare/school" / "class" instead of "works/has worked"/ "year"			
How and where do you eat?	"Playing" instead of "Doing a lesson"			
Chewing Capacity	Degree of satisfaction "of the family", rather than the degree of satisfaction of the "patient"			
Communication	"Elaborate" instead of "It took time to elaborate"			

Table 3. Percentage of agreement among experts and the Content Validity Index (CVI) regarding specific data from the Instructive and Clinical History of the MMBGR Protocol

The number of appraisers according to	N° of Items (%)	CVI (%)	p-value
Instructive			
10	0 (0,0)	100	1,000
9	3 (30,0)	90	0,972
8	3 (30,0)	80	0,851
7	1 (10,0)	70	0,617
6	2 (20,0)	60	0,350
5	0 (0,0)	50	0,150
4	1 (10,0)	40	0,047
Clinical history			
10	26 (40,6)	100	1,000
9	15 (23,4)	90	0,972
8	13 (20,3)	80	0,851
7	8 (12,5)	70	0,617
6	1 (1,6)	60	0,350
5	1 (1,6)	50	0,150

Binomial Exact Test

Caption: CVI = Content Validity Index; % = percent

with the person responsible for the infant/preschooler. Most items can be checked if there is an occurrence, and there are spaces for complementing information, descriptions and observations. It includes information ranging from the identification of the infant/preschooler (registration number, name, dates (exam and birth), age, informant, education, address, family and contact information) to data directly related to the complaint and the reason for referral to Speech Therapy.

The developmental aspects are organized by occurrence and period, as well as recording the difficulties encountered; a referential chronology on the acquisition of each behavior is included. There are items addressing aspects of development and motor difficulty, feeding (from breastfeeding to the use of utensils), as well as health, respiratory, and sleep problems; speech therapy treatments and in interdisciplinary areas; and the occurrence of harmful habits. The current feeding, chewing, swallowing, speech, oral communication, and voice patterns of the infant or preschooler are also listed.

DISCUSSION

The study was designed to adapt and validate the content and appearance of the MBGR Orofacial Myofunctional Assessment Protocol for use in infants and preschoolers. Thereunto, the Instructive was developed based on the authors' professional experience and the bibliographic references consulted, and versions of the "Clinical History Protocols" and "Orofacial Myofunctional Clinical Examination" were developed with scores to be used with patients aged 6 months to 5 years and 11 months to live.

We consider elaborating the Instructive so that it functions as an instructional guide that guides the speech therapist's use of the protocol, standardization of records, and documentation. The instructive guide is an integral part of the MMBGR Protocol – Infants and Preschoolers, and its application must comprise the clinical reasoning inherent to the application of the Clinical History and Clinical Examination protocols.

Only the Instructive and the Protocol Clinical Myofunctional Orofacial History were presented in this article. The analysis of the protocol's content allowed for the retention, addition, and deletion of items, and, given the scarcity of validated protocols in the OM area for children under the age of six, the main aspects addressed were drawn from the reference literature on child development.

The MMBGR Clinical History protocol now includes data on siblings, as family constitution is an important aspect to understand in the therapeutic process⁽⁴⁾. Items that did not correspond to the age group, on the other hand, were excluded. Aspects of global motor development were also included, as the progression of body control evolves into a set of acquisitions, balance in different postures and positions, and functional independence for the child⁽¹⁷⁾, which is fundamental for the feeding situation. The motor patterns addressed and which motor skills changed were based on the Alberta Infant Motor Scale (AIMS): Reference values for categorizing children's motor performance^(17,18). Aspects of feeding development, with standards by age group, were based on the Food Guide for Brazilian children under 2 years old, published by the Ministry of Health of Brazil⁽¹⁹⁾, and on international protocols^(1,3), since there are no instruments validated in Brazil for this age group. The ChOMPS - *Child Oral and Motor Proficiency Scale protocol*⁽¹⁾ was used because it is an instrument that investigates aspects of eating, drinking, and eating skills based on parental reports, such as the ability to bite soft food and drink thin liquids without coughing or choking, as well as motor skills that support safe swallowing and independent eating, such as the ability to bite soft food and drink thin liquids without coughing or choking^{(1).}

Given the importance of detecting eating difficulties early, the aspects addressed by Thoyre *et al.* (2018) in accordance with the Pediatric Eating Assessment Tool - PediEAT protocol⁽³⁾, which assesses symptoms of eating problems, seek to identify eating problems early, based on parental report. Research was considered^(20,21) whose reports of mothers refer, among other aspects, to the difficulty of introducing utensils, to the baby's ability to drink from a cup (with and without a lid), to drinking it with a straw (large and small), and whether the child has autonomy or is assisted by the mother when using the utensil to drink. Similar data on spoons (type and use) were considered in this adaptation. Breastfeeding is generally recommended for up to 6 months of life, with continuation until 24 months, as a supplement to the diet, which prioritizes the introduction of new consistencies that promote the development of the stomatognathic system.

Studies on the development of speech were used to inform aspects of communication and speech ^(22,23), focusing solely on articulatory production aspects related to OM at early ages.

We believe that the obtained agreement values are positive, which is consistent with other studies that used the CVI to analyze the content and appearance of instruments in the OM area⁽¹¹⁾. We emphasize that, following the second analysis, 100 percent of the experts said they "completely agree" with the new instrument's content and appearance. The Orofacial Myofunctional Clinical History instructive and protocol, which are part of the MMBGR Protocol – Infants and Preschoolers, fill an important gap in the OM clinic's and research's knowledge of speech-language pathology. For the remaining stages of the validation process, new studies must be proposed. To enable applicability in the population in question, our research group has been working on the subsequent step of "validity evidence based on response processes," as recommended in the literature⁽⁷⁾.

CONCLUSION

The MBGR Orofacial Myofunctional Assessment Protocol was adapted for use in infants and preschoolers, and the Orofacial Myofunctional Clinical History Instructive and Protocol was validated in terms of content and appearance, allowing it to be used for age groups ranging from 6 months to 5 years and 11 months of life.

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Author contributions

AMCM was responsible for the conception and design of the study, elaboration of the adapted version of the protocol, writing, review and final approval of the final version of the manuscript to be published; IQM contributed to the preparation of the adapted version of the protocol, and final approval of the version to be published; KFG contributed to the preparation of the adapted version of the protocol, and final approval of the version to be published; IDCB was responsible for the analysis, interpretation of the manuscript data, and respective English version; GBF was responsible for the overall supervision of the study, contributed to the development of the adapted version of the protocol, review and approval of the final version to be published.

MMBGR PROTOCOL INFANTS AND PRESCHOOLERS

Andréa Monteiro Correia Medeiros, Irene Queiroz Marchesan, Katia Flores Genaro, Giédre Berretin-Felix

Instructive of application and registration

The MMBGR Protocol – Infants and Preschoolers is an instrument in the field of Orofacial Motricity with scores, indicated to be used in the population from 6 months to 5 years and 11 months of life.

It consists of the CLINICAL HISTORY (history/interview) and OROFACIAL MYOFUNCTIONAL EXAM WITH SCORES (evaluation) protocols, intended for the speech therapist to assess, diagnose and establish a prognosis in Orofacial Motricity.

To apply it, an average time of 30-45 minutes is spent for CLINICAL HISTORY, and 60-90 minutes for data collection from the CLINICAL EXAM, and the analysis of the results requires about 2 hours of work.

Some domains can be analyzed through the Clinical History and others through the Clinical Examination, while clinical reasoning is performed by understanding the relationship between the data recorded in the two protocols.

CLINICAL HISTORY PROTOCOL:

It is applied with the person responsible (main caregiver) for the infant/preschooler, before performing the orofacial myofunctional exam.

A private and peaceful environment is chosen, with the data collected directly by the speech therapist and registered at the time of the survey, with the person in charge.

It contains items that include: identification, complaints, family history and complications; development and motor difficulties; general and/or specific health problems, such as breathing, sleep and treatments performed; aspects related to feeding from breastfeeding to current feeding, including main difficulties and feeding pattern; as well as about breathing, chewing, swallowing, oral habits and also aspects about speech, oral communication, hearing and voice.

OROFACIAL MYOFUNCTIONAL EXAM WITH SCORES PROTOCOL:

It is applied directly to the infant/preschooler, preferably with the person responsible in the room during the exam, especially in subjects aged up to 23 months of age. It is also considered that, depending on the age and level of understanding of the child, the questions should be addressed to them, in a language suitable for their understanding and obtaining an answer, with the agreement of the person responsible.

A private and quiet environment is chosen, with good lighting, and all data can be collected directly by the speech therapist with the subject and duly registered in the protocol at the time of the survey (real time).

Registration of the exam through photographic and video documentation, for later certification and analysis of previously collected data, is also recommended.

I. Positioning procedures in the Orofacial Myofunctional Examination and documentation standardization:

Both in real-time observation and during the analysis of the photograph and/or video record, the subject should be observed sitting facing the examiner, with the back supported, with head correction:

• Infant (6 to 23 months): on the guardian's lap;

• Preschool (24 to 71 months): in a chair, keeping the feet in contact with the floor (chair suitable for the subject's size). Up to 47 months, it can be placed on the guardian's lap.

A standard size chair can be used, and in these cases, when the patient's height does not allow for plantar support, use a footrest that guarantees an angle equivalent to the smaller chair.

The examiner should be seated, facing the subject, keeping their eyes level with the infant/preschooler's eyes. Positioning indications must include an appropriate ergonomic shape for the examination for both (examiner and subject).

For recording in photography/video, some standardizations must be observed:

• The distance between the camera tripod and the subject must be the same in all assessments. There may even be signs on the floor and walls as to the planes and angles to be standardized for the subject's positioning, when recording the images.

The distances for each photographic and video record may vary according to the evaluator's needs, as well as the specifics of each equipment used (camera, flash and lenses), the physical space and the light in the room. (Frazão, Manzi, 2019)

To document the intraoral region, the distances should be closer between the tripod and the subject than for the face registration. It is recommended to use macro lenses on the camera. (Frazão, Manzi, 2019).

The Protocol presents the following Recommended Roadmap for Image Registration. However, depending on the evaluator's needs, as well as on the subject's age, ability to understand and execute the movement, other images can be registered (extra images).

Reference: Frazão YS, Manzi SHB. Atualização em documentação fotográfica e em vídeo na motricidade orofacial. In: Silva HJ da, Tessitore A, Motta AR, Cunha DA da, Berretin-Felix G, Marchesan IQ, editors. Tratado de Motricidade Orofacial. 1st ed. São José dos Campos: Pulso Editorial; 2019. p. 243–53.

		Script for registration of im	ages	
Static Images				
- Face:	[] Frontal view without hea	ad posture correction	[] Front view with correct	cted head posture
- Lips:	[] At rest - usual	[] Internal mucosa	[] Superior labial frenulu	ım
- Cheeks:	[] Right internal mucosa	[] Left internal mucosa		
- Tongue:	[] Externalized (out of the	oral cavity)		
	[] Frenulum (tongue raised	d without touching the palate)	[] Frenulum (high tongu	e with maneuver)
- Palate:	[] Hard			
- Teeth:	[] Upper arcade	[] Lower archway		
- Occlusion:	[] Anterior	[] Right Side	[] Left Side	
- Others:	[] At the discretion of the	examiner		
Dynamic Images				
- Suction:	[] Nourish (breast)	[] Bottle		
- Chewing:	[] Open mouth after chew	ing and before swallowing		
- Swallowing:	[] Liquid	[] Pasty	[] Solid/Semi-solid	[] Open mouth after swallowing <i>(residual)</i>
- Speech:	[] Semi-directed	[] Figure naming/repetition		
Oropharynx:	[] Soft palate	[] Uvula	[] Palatine Tonsils	

II. Procedures on items to be evaluated, age groups and scores:

The Infant/Preschool MMBGR Protocol covers identification items and anthropometric data, followed by the items of the orofacial myofunctional exam: **extraoral exam** – subjective facial analysis, lips and jaw; **intraoral examination** – lips, cheeks, tongue, palate, palatine tonsils, teeth and occlusion; **tone** – lips, mentum, tongue and cheeks; **orofacial functions** – Breathing, Sucking, Chewing, Swallowing (liquid, pasty and solid/semi-solid) and Speech.

Most items are obtained for all age groups, while others follow the age range indicated in the instrument itself. This is because the entire instrument was developed respecting the expected development, and possible to be carried out, in each age group addressed. However, each item can be applied beyond or below the suggested ages, according to the child's individual development.

For analysis purposes, scores are assigned by age group in months for each item evaluated, and at the end, the scores must be registered in the Summary of Orofacial Myofunctional Exam. Higher scores are related to the worst patterns of orofacial motricity observed in infants and preschoolers. The best and worst possible results to be obtained by age group are described in the summary table. However, these values should not be adopted as a diagnostic cutoff score, but can serve as individual reference values during the follow-up/rehabilitation process of each patient.

III. General guidelines on aspects of the protocol to be considered, according to age group:

1. Identification

- ✓All age groups.
- √Data obtained directly from the guardian, and/or extracted from the child's health booklet.

2. Extraoral Exam

√All age groups.

√On-site assessment and/or image recording (photo) in front view, for analysis after the orofacial myofunctional exam.

3. Intraoral Exam

√All age groups (differentiated scores for infants and preschoolers, depending on the item evaluated)

VOn-site assessment and/or image recording (photo) with a macro lens, for analysis after the orofacial myofunctional exam.

✓Examiner should perform the intraoral inspection of the subject, wearing procedural gloves, as in the examination of the frenulum of the tongue; using lip retractor for evaluation of teeth and occlusion (when there is difficulty in placing the lip retractor in children from six months to four years of age, it is requested that the lips be parted with the guardian's fingers).

The examiner should also ask the child to open their mouth voluntarily and/or by imitation, to observe structures such as tongue, palate and palatine tonsils.

4. Tone

√All age groups.

/The examiner must obligatorily perform visual observation and palpation of the structures.

The impression of the result, from the palpation exam must be registered in real time, and later confirmed, when possible, by the image taken.

5. Orofacial Functions

√For each orofacial function related to feeding, always use the same type of food, observing its consistency. Exceptions can be made regarding the type of food, according to the subject's habit and individual acceptance/rejection.

√It is always recommended to use the food brought by the family.

✓ In speech evaluation, for picture naming, it is recommended to use the material belonging to the instrument (MMBGR Protocol - Figures for Naming).

√ Video recording (footage) It is recommended to be used in the analysis after the orofacial myofunctional exam.

	, j	to be documented/evaluated: O	
Orofacial Function	Age group	Material used	Exam/ Specific Registration
Breathing	• All (6 to 71 months)	 Glatzel Mirror/ Altmann's Millimeter Nasal Mirror 	 Measure airflow in real time It is not mandatory to clean with saline solution, but it is recommended that the subject blows their nose before the procedure. Mark airflow on graph paper
Suction/Swallowing	Up to 23 months, as long as you are still breastfed	Breast (breast milk)	Observe breast feeding (2 to 5 minutes)
Suction/Swallowing	• Up to 23 months, as long as you still use a bottle in your routine	Bottle (breast milk or milk formula)	Observe bottle offer (3 minutes or at least 10 ml)
Chewing	From 12 months	Hand/cutlery (French bread or biscuit)	 Observe for 2 minutes, or two complete cycles, until swallowing occurs. From 36 months on, ask the subject to open their mouth before swallowing, to check the efficiency of the food crushing.
Swallowing - liquid	From 12 months	• Cup (water, juice, or breast milk/formula)	Observe emptying of at least ¼ cup (50 ml).
Swallowing - pasty	Up to 11 months Up to 23 months, when they feed in a pasty consistency	 Spoon (porridge, puree, mashed food such as banana) 	Observe for 2 minutes, or a complete cycle, until swallowing is complete (laryngeal elevation)
Swallowing - solid/semi-solid	From 12 months	Hand/Cutlery (French bread, biscuits, among others)	Observe for 2 minutes, or a complete cycle, until swallowing is complete (<i>laryngeal elevation</i>) Ask the subject to open their mouth after swallowing to check for food residue.
Speech - Production of phones and phonemes	From 24 months onwards	List of Figures (MMBGR Protocol - Figures for Naming) Semi-directed speech	 Figure Naming: the subject has to say the name of the figure shown. If you don't know, the examiner names the figure, and after showing another figure in the list, it shows the figure not named initially. The subject is then asked to name it. After that, you will not be given another chance. It is only registered that the subject was unable to produce even with the examiner's attempt to repeat. Semi-directed speech: it can be observed throughout the orofacial myofunctional exam and also by asking the subject to say their name and age; talk about school or a joke; talk about a trip or tour Elaboration of the phonemic picture, based on the subject's production.
Speech - General Aspects of Phonoarticulation	From 36 months onwards	Semi-directed speech	Semi-directed speech: can be observed throughout the orofacial myofunctional exam and also by asking the subject to say their name and age; talk about school or a joke; talk about a trip or tour

Appendix 2. MMBGR protocol - Infants and preschools: clinical myofunctional orofacial history

MMBGR PROTOCOL INFANTS AND PRESCHOOLS (6 MONTHS TO 5 YEARS AND 11 MONTHS)

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Name:					Nº
Exam date:	//	Age: years and	_ months		BD://
Informer: _		Degree of kinship:			
L					,
Attend days	are/school: 🗆 no 🗆 yes	Class:		Period: morning	afternon 🗖 full-time
Attend dayo		01835.			
			-		
Neighborho	od:	City/State:		Zip-code:	
Affiliation:	Father's name:		Mother's name:		
	E-mail:				
	Phone number: ()			()	
	Work phone number: ()			nber: ()	
Siblings:	🗆 no 🛛 yes – How many:				
Who rocom	mended for Speech Thoropy?	me specialty phone num	her);		
who recom	mended for Speech Therapy? (Na	me, specially, priorie num			
For what rea	ison?				
Main compla	int (of the responsible):				
Other relate	d complaints:				
🗖 lips	🗆 teeth 🛛 lingu	ual frenulum D suction	chewing	speech	body posture
tongue	occlusion	llowing	voice	hearing	
Additional Info					
Family histo	ry (in relation to the complaint):				
🗖 no	yes – What complaint: _				
Complicatio	ons:				
In pregnancy	r: □ no □ yes-What com	nplaint:			
At birth:	no yes-What com	plaint:			
Motor dova	opment (check if you have already	porformed the behavior a	ad at what ago)	Do not know/	Age
WOLDI Gever	opinent (check il you have alleady	performed the behavior a	iu al what agej.	Do not remember	expected
Hold the hea	d		Jyes: months		3 months
	s at locomotion: dragging, crawling		□ ye s : months		6 to 7 months
Sit independ			□ ye s : months		7 months
Play in latera			□ ye s : months		7 months
Roll			□ ye s : months		7 months
	upport (uses hands: exploratory act		□ ye s : months		8 months
	anipulates and explores objects with	5,	J yes: months		9 months
Crawl			J yes: months		10 months
Stand up			J yes: months		10 months
Walk without	support		J yes: months		13 months
	notor development can be considered		altered	<u></u>	io montho
-	ick which skills:	[] hold the he		[]	stand up
		[] roll	[] crawl		walk without support
		[]101	[] Ciawi	[]	want without support

Motor difficulty:	🗖 no	yes:	[] run	[] riding a tricycle/bike with support wheels	[] dress up
			[] tie the shoes	[] button up	[] brushing teeth
			[] paint (hold pencil)	[] Use spoon/fork	[] others:

Health problems

			Describe	Treatment/Medication
Neurological:	🗖 no	🗖 yes:		
Orthopedic:	🗖 no	🗖 yes:		
Metabolic:	🗖 no	yes:		
Digestive:	🗖 no	yes:		
Hormonal:	🗖 no	□ yes:		
Otorhinolaryngologic:	🗖 no	□ yes:		
Pneumological:	🗖 no	□ yes:		
Cardiac:	🗖 no	□ yes:		
Emotional/Psychic:	🗖 no	□ yes:		

Other problems:

Breathing problems

Frequent colds*:	🗖 no	yes:
Throat Problems:	🗖 no	yes:
Tonsillitis:	🗖 no	yes:
Halitosis:	🗖 no	yes:
Asthma:	🗖 no	yes:
Bronchitis:	🗖 no	yes:
Pneumonia:	🗖 no	yes:
Rhinitis:	🗖 no	yes:
Sinusitis:	🗖 no	yes:
Nasal obstruction:	🗖 no	yes:
Itchy nose:	🗖 no	yes:
Coryza:	🗖 no	yes:
Sneezing in salute:	🗖 no	yes:

*Colds on a regular basis (changes in upper airway) up to 5 years of age: more than 12 episodes per year

Other problems:

Sleep Bedtime: Wake up time: _ Nocturnal: **I** < 8 hours \Box > 8 hours: describe the frequency Sleeps during the day: 🗖 no yes: Hectic: yes: 🗖 no Fragmented: 🗖 no □ yes: Nocturnal Enuresis: 🗖 no □ yes: Snoring: □ yes: 🗖 no Snores: 🗖 no yes: Sialorrhea: 🗖 no yes: Apnea: 🗖 no □ yes: Bruxism: □ yes: 🗖 no Water intake at night: 🗖 no yes: Open mouth when sleeping: 🗖 no □ yes: Dry mouth on waking up: 🗖 no □ yes: Hand placed under face: 🗖 no 🗇 yes: [] R [] L Posture: I lateral decubitus supine ventral decubitus

Other problems:

Treatments

Speech therapy:	🗖 no	🗖 in the	e nast	nowadays		Name/	Contact
орееон шегару.			•	I Howaudys			
Medical:		🗖 in the		nowadays			
	which special	ties:	·				
Psychological:	🗖 no	🗖 in the	•	nowadays			
Physiotherapy:	🗖 no Reason:	🗖 in the	•	nowadays			
Dental:		🗖 in the	e nast	nowadays			
			•				
		dure:					
Surgical:	🗖 no	🗖 in the	e past	When?			
	Type of Proce	edure:					
Other treatments:							
Feeding Developmer Breastfeeding							
Breast (Breastfeeding	g): 🗖 no		yes				
Exclusive:	🗖 no		l yes - Until w	hen:		🗖 don't kn	ow/don't remembe
Complemented:	🗖 no		l yes - Until w	hen:		🗖 don't kn	ow/don't remembe
eeding - difficulty in i	introducing						
Utensils:	□ straw □ o	cup 🗖	spoon	fork	Describe:		
Flavors:	□ salty □ s	sweet 🗖	sour	bitter	Describe:		
Consistency:		basty 🗖	semi-solid	solid			
,							
Itensil currently use	d to provide food (yo	ou can check mo	re than one al	ternative):			
-				•			
-	: ma		hole: _	•			
bottle – beak type	:ma			•		Cup with	straw
 bottle – beak type regular cup (open) 	:ma	terial: with lid					n straw
 bottle – beak type regular cup (open) spoon 	:ma □ cup □ fork	terial: with lid					
 bottle – beak type regular cup (open) spoon 	:ma □ cup □ fork	terial: with lid			Do not k	□ other	
 bottle – beak type regular cup (open) spoon 	:ma □ cup □ fork	terial: with lid			Do not k Do not rer	other	
 bottle – beak type regular cup (open) spoon Current feeding patter Ready 	:ma □ cup □ fork	terial: with lid ng pattern		Cup with valve		other	Expected
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward 	m behavior and feedir the spoon when hung ds the spoon, holding	terial: with lid ng pattern		Cup with valve	Do not rer	other	Expected Age
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of 	m behavior and feedir the spoon when hung ds the spoon, holding	terial: with lid ng pattern gry the		Cup with valve	Do not rer □	other	Expected Age 6 months
bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape	ma behavior and feedin the spoon when hung the spoon, holding ffering the food	terial: with lid ag pattern gry the a spoon		Cup with valve	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p 	ma cup com behavior and feedir the spoon when hung ds the spoon, holding ffering the food d and/or crushed with	terial: with lid ag pattern gry the a spoon food		Cup with valve	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p Accepts food mashed 	the spoon when hung ds the spoon, holding ffering the food d and/or crushed with boicks up or points the d with a fork, containin	terial: with lid ag pattern gry the a spoon food		Cup with valve	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p Accepts food mashed Accepts chopped or 	the spoon when hung the spoon, holding ffering the food d and/or crushed with bicks up or points the d with a fork, containing small pieces of food	terial: with lid ag pattern gry the a spoon food		Cup with valve Ino yes	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months 9 to 11 months
 bottle – beak type regular cup (open) spoon spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p Accepts food mashed Accepts chopped or Eats independently b Use/combine words a 	the spoon when hung the spoon, holding ffering the food d and/or crushed with bicks up or points the d with a fork, containing small pieces of food	terial: with lid ag pattern gry the a spoon food ng small pieces		cup with valve no yes	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months 9 to 11 months 9 to 12 months
 bottle – beak type regular cup (open) spoon spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scraped Leans to the spoon, p Accepts food mashed Accepts chopped or Eats independently b Use/combine words at 	ma behavior and feedin behavior and feedin the spoon when hung ds the spoon, holding ffering the food d and/or crushed with bicks up or points the d with a fork, containin small pieces of food ut still needs help and gestures to expre	terial: with lid ag pattern gry the a spoon food ng small pieces		cup with valve no yes no yes	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months 9 to 11 months 9 to 12 months 12 to 24 months
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p Accepts chopped or Eats independently b Use/combine words at the desire for food Accepts food in adult 	the spoon when hung the spoon when hung the spoon, holding ffering the food d and/or crushed with bicks up or points the d with a fork, containin small pieces of food ut still needs help and gestures to expre	terial: with lid ag pattern gry the a spoon food ng small pieces		cup with valve no yes no yes	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months 9 to 11 months 9 to 12 months 12 to 24 months from 12 months
 bottle – beak type regular cup (open) spoon current feeding patter Ready Open mouth towards Leans forward toward hand of the person of Accepts food scrape Leans to the spoon, p Accepts food mashed Accepts chopped or Eats independently b 	ma behavior and feedir behavior and feedir behavior and feedir behavior and feedir the spoon when hung ds the spoon, holding ffering the food d and/or crushed with bicks up or points the d with a fork, containing small pieces of food ut still needs help and gestures to expre- t consistency th spoon	terial: with lid ag pattern gry the a spoon food ng small pieces		cup with valve no yes no yes	Do not rer	other	Expected Age 6 months 6 months 6 to 7 months 7 to 11 months 7 to 8 months 9 to 11 months

Current feeding

Туре		Describe frequency	Which?
Fruits:	□no	□ yes:	
Vegetables:	□no	□ yes:	
Leguminous:	□no		
Cereals: (rice, pasta, wheat)	□no	□ yes:	
Grains: (beans, lentils, peas)	□no	□ yes:	
Meet:	□no	□ yes:	
Milk and derivatives:	□no	□ yes:	
Sugars:	□no	□ yes:	

In general, eat predominantly:

Subject preference:	🗖 liquids	pasties	[J solids	different consistencies
Offered by the caregiver/guardian:	🗖 liquids	pasties		J solids	different consistencies
Most of the time, with whom, how ar	nd where you eat:				
With which company:	alone	family	Colleague	es (school)	other - which:
no other activity:	at the table	couch	in floor	🗖 in bed	other - which:
Watching TV:	at the table	couch	in floor	in bed	other - which:
Joking:	at the table	couch	in floor	in bed	other - which:
Using tablet/cell phone:	at the table	couch	in floor	in bed	other - which:
Carrying out other activities:	at the table	couch	in floor	🗖 in bed	other - which:
Chewing					
Lips:	Closed	🗖 ajar	🗖 ор	en	
Noise:	🗖 no	sometimes	s 🗖 yes	6	
Pain or discomfort during chewing:			🗖 no		ometimes 🛛 🗇 yes - [] right [] left
Possible causes of pain when chew	/ing:				
Chewing difficulty:		🗖 no	🗖 уе	s - What:	
Escaping food while chewing:		🗖 no	🗖 yes	5	
Need to drink liquid with food:		🗖 no	🗖 yes	5	
Other problems:					
Chew the foods:					
	properly	little		very	Does not know how to inform know/did not observe
Compared to family:					
Compared to friends:					
Describe:					
Chewing speed					
	similar	faster		slower	Does not know how to inform know/did not observe
Compared to family:					
Compared to friends:					
Describe:					
Chewing ability (degree of satisfacti	ion of the patient's fa	amily with regard to	chewing)		
			regular		bad

Swallowing

			Describe frequency
Noise:	🗖 no	🗖 yes	
Chokes:	🗖 no	yes	
Pain on swallowing:	🗖 no	yes	
Nasal reflux:	🗖 no	🗖 yes	
Previous escape:	🗖 no	🗖 yes	
Throat clear:	🗖 no	🗖 yes	

				Describe frequency			
Cough:		🗖 no	🗖 yes 🔄			446109	
Residues after swallowing	:	🗖 no	□ yes _				
Other difficulties:		🗖 no	🗖 yes 🔄				
Other problems:							
Oral habits							
Pacifier suction:	🗖 no	🗇 yes - un	til when:	[] common	[] orthodontic	[] does not know how to inform	
Finger Suction:	🗖 no		til when:				
Tongue suction:	🗖 no	🗇 yes - un	til when:				
Moisten lips:	🗖 no	🗖 yes - ag	e:				
Others:				until when:			
Biting habits							
Bruxism (grit your teeth):		🗖 no	🗖 yes - [] dayt	ime			
Teeth clenching:		🗖 no	🗖 yes - until	when:			
Onychophagy (nail biting):		🗖 no	🗖 yes - until	when:			
Biting/Nibbling lips:		🗖 no	🗖 yes - until				
Biting/Nibbling the inner n	nucosa of the	cheeks:	🗖 no				
Biting objects: Which one?			_ 🗖 no	🗖 yes - until w	hen:		
Posture habits							
Lower lip interposition:		🗖 no	🗖 yes				
Tongue interposition:		🗖 no	🗖 yes				
Jaw protraction:		🗖 no	🗖 yes				
Jaw support in hand:		🗖 no	🗖 yes [] right [] left			
Head support in hand:		🗖 no	🗖 yes [] right [] left			
Other habits:							
Oral communication							
Impaired intentionality:		🗖 no	yes - detail:				
Absence of sound produc	tion:	🗖 no	🗇 yes - detail:				
Difficulty understanding:		🗖 no	🗖 yes - detail:				
It took me to start talking:		🗖 no	yes - detail:				
Difficulty in writing senten	ces:		🗖 no	-			
Haw (hesitation/repeat/exit			🗖 no				
OBS: In the case of a suspect	ed alteration, a	pply a specific	c language protocol				
Other problems:							
Speech							
Omission:		🗖 no					
Substitution:		🗖 no	yes - describe the frequency:				
Distortion:		🗖 no	□ yes - describe the frequency:				
Excessive salivation:		🗖 no	yes - describe the frequency:				
Tongue interposition:		🗖 no	🗖 yes - [] ante	□ yes - [] anterior [] lateral			
Opening the mouth:		normal	restricted		exage	gerated	
Impaired intelligibility:		🗖 no	🛛 yes - descr	ibe the frequency	/:		
which phonemes:			-				
Other problems:							

Hearing

Hypoacusis (hearing loss):	🗖 no	sometimes	🗖 yes [] right [] left
Otitis (ear infection):	🗖 no	sometimes	🗖 yes [] right [] left
otalgia <i>(earache)</i> :	🗖 no	sometimes	🗖 yes [] right [] left
Previous audiological evaluation:	🗖 no	🗖 yes - When:	
Results:			

Other problems:

Voice

Hoarseness:	🗖 no	sometimes	□ yes
Weakness:	🗖 no	sometimes	□ yes
Aphonia:	🗖 no	sometimes	□ yes
Hypernasality:	🗖 no	sometimes	□ yes
Hyponasality:	🗖 no	sometimes	□ yes
Vocal abuse:	🗖 no	sometimes	□ yes
Detail:			

OBS: In the case of a suspected alteration, apply specific vocal protocol

Other problems:

Additional information:

Speech therapist: _____ STRC^a: _____